

INDIVIDUAL GEAR LIST (Minimum required for **EVERY WEEK**)

Please note: This list is yours to keep as a reference when packing.

Underlined is gear that Whenua Iti Outdoors can provide if you do not have it.

Only one gear bag per person, no loose items everything must fit in your gear bag.

Clothes:

- Waterproof Raincoat
- 1x Wool /polypro top (thermal layer)
- 1x Wool / polypro long johns
- 1x Wool / Fleece jersey (mid layer)
- Wool / Fleece hat
- Socks x1 -wool or thermal
- 1x Running shoes or trainers
- Sunhat/Sunscreen/Sunglasses
- Smart casual clothes that can be worn in a customer service role (clean and tidy). Enough for 4 days.
- Sleep clothes (PJs / Onesie)

Personal Gear

- Pack or large bag (with your gear in it)
- Sleeping bag
- A pillow
- Day pack
- Personal water bottle
- Torch
- A watch
- Toiletry bag
- Towel
- Personal medication - to be handed in to tutors on first day
- Camera (optional)

