

## INDIVIDUAL GEAR LIST (Minimum Required)

**Please note:** This is a comprehensive gear list of “must have” items - keep this list as a reference when packing. **Underlined is gear that Whenua Iti can provide if you do not have it.** Students are encouraged to source their own gear in the first instance. Due to limited availability of some items, please let your School Trades Coordinator know of any gear you need to borrow from WIO, so that this can be organized before your programme starts.

### Minimum Clothes:

- Waterproof Raincoat
- 2x Wool/polypro tops (thermal layer)
- 1x Wool/ polypro long johns
- 2x Wool/ Fleece jerseys (mid layer)
- Wool/ Fleece hat
- Shorts (synthetic / fast drying)
- T-shirts (synthetic / fast drying)
- Running shoes or trainers
- Long trousers - lightweight & nylon is best
- Sunhat/Sunscreen/Sunglasses
- Socks (ideally some thin for everyday and some thicker - wool or thermal)
- Spare underwear
- Wet-suit booties or spare set of shoes (close-toed) that will get wet in either caves, rivers or around the coast line
- Swimwear
- Towel
- Old set of clothes that may get wet/dirty
- Casual footwear for around base

### Additional Clothes (April - November):

- 1x Wool/ polypro long johns
- Wool/Fleece Gloves
- Waterproof over trousers (optional)

### Personal Overnight Gear

- large bag
- Sleeping Bag
- Sleeping mat
- Day Pack
- Personal Water bottle
- Personal toiletries
- Toothbrush and small toothpaste
- Torch (Essential! - Small is good)** and new/spare batteries!
- Personal First Aid Kit e.g.: plasters.
- Personal medication - If you require assistance, please let your tutors know on day 1.
- Spare plastic bags –these will come in very handy!
- Camera – Optional Item.
- Face mask

**Remember - NO Mobile phones or Music devices**