

INDIVIDUAL GEAR LIST FOR OVERNIGHT EXPEDITIONS (Minimum required)

Please note: This is a comprehensive gear list of “must have” items - keep this list as a reference when packing. Underlined is gear that Whenua Iti can provide if you do not have it. Students are encouraged to source their own gear in the first instance. Due to limited availability of some items, please let your School Trades Coordinator know of any gear you need to borrow from WIO, so that this can be organized before your programme starts.

Minimum Clothes

- Waterproof Raincoat
- 1x Wool/polypro top (thermal layer)
- 1x Wool/ polypro long johns
- 1x Wool/ Fleece jersey (mid layer)
- Wool/Fleece Hat
- Synthetic fast drying shorts/trousers
- Long trousers - lightweight & nylon is best
- Sunhat/Sunscreen/Sunglasses
- Socks for the week (ideally some are wool or thermal)
- Underwear for the week
- T-shirts (synthetic / fast drying)
- Running shoes or trainers for river crossing
- Light footwear for around camp

Additional Clothes (April - November):

- Windproof / Rainproof over-trousers
- 1x Wool/polypro top (thermal layer)
- 1x Wool/ polypro long johns
- 1x Wool/ Fleece jersey (mid layer)
- Wool/Fleece Gloves

Personal Overnight Gear

- Tramping back-pack 70 litre
- Pack Liner (waterproof)
- Worn in walking boots or sturdy sneakers
- Sleeping Bag
- Sleeping mat
- Day Pack
- Snacks (energy food)
- Water bottle
- Mug, bowl, knife, fork and spoon
- Toilet kit (soap, hand sanitiser and toilet paper)
- Face Mask
- Toothbrush and small toothpaste
- Towel (a small one)
- Torch (is essential!) and new/spare batteries!** (small ones are good)
- Personal First Aid Kit e.g.: plasters.
- Personal medication - If you require assistance, please let your tutors know on day 1.
- Spare plastic bags –these will come in very handy!
- Camera – Optional Item.

Remember NO Mobile phones or Music devices