

## **INDIVIDUAL GEAR LIST - FOR EACH WEEK**

(Minimum required)

**Please note:** This is a comprehensive gear list of "must have" items - keep this list as a reference when packing. **Underlined is gear that Whenua Iti can provide if you do not have it.** Students are encouraged to source their own gear in the first instance. Due to limited availability of some items, please let your School Trades Coordinator know of any gear you need to borrow from WIO, so that this can be organized before your programme starts.

Minimum Clothes (December – March):		
	Waterproof Raincoat	
	1x Wool/polypro top (thermal layer)	
	1x Wool/ polypro long johns	
	1x Wool/ Fleece jersey (mid layer)	
	Wool/ Fleece hat	
	Synthetic fast drying shorts/trousers	
	Long trousers - lightweight & nylon is best	
	Sunhat/Sunscreen/Sunglasses	
	Spare socks (ideally some are wool or thermal)	
	Spare underwear	
	T-shirts (synthetic / fast drying)	
	Running shoes or trainers	
	Light footwear for around camp	
Addition	nal Clothes (April - November):	
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	Windproof / Rainproof over-trousers	
	1x Wool/polypro top (thermal layer)	
	1x Wool/ Floors jorsey (mid layer)	
	1x Wool/ Fleece jersey (mid layer) Wool/Fleece Gloves	
	WoolyTieece Gloves	
Persona	l Overnight Gear	
	Pack or large bag 70L +	
	Sleeping Bag	
	Sleeping mat	
	Day Pack	
	Face Mask	
	Mug, bowl, knife, fork and spoon	
	Snacks (energy food)	
	Personal Water bottle	
	Toilet kit (soap, hand sanitiser and toilet paper)	
	Toothbrush and small toothpaste	
	Towel	
	Torch (is essential!) and new/spare batteries! (small ones are good)	
	Personal First Aid Kit e.g.: plasters.	
	Personal medication - If you require assistance, please let your tutors know on day 1.	
	Spare plastic bags –these will come in very handy!	
	Camera – Optional Item.	
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## When transport is sent out, students will be advised what activity they will be doing

Programmes with Water Activities	
	<u>Wet-suit</u>
	Wet-suit booties or jandals/sandals
	Rash top
	Swimwear
Program	mes with Mountain Biking
	Bike shorts (recommended, but not necessary)
	Bike gloves (recommended, but not necessary)
Program	mes with Caving
	<u>Overalls</u>
	Gumboots
	Spare set of clothes that may get dirty
	Spare set of shoes that may get wet
Program	mes with overnight tramping
	Tramping back-pack 70 litre
	Pack Liner (waterproof)
	Worn in walking boots or sturdy sneakers

Remember - NO Mobile phones or Music devices.

Be prepared to hand phones over to a WIO tutor on day one of each week